

ROLE OF A PARENT

Pre-Training / Match

- Identify Location
- Equipment
- Nutrition
- Rest
- Attitude
- ★ Look forward to Training/Match Play

Post Training / Match

- Praise
- Supportive
- Nutrition
- Attitude
- Check for injuries
- ★ Excited

During Match Play

Will my child respect my actions!

- ★ Supportive
- ★ Energetic
- ★ Involved

Things To Say

- ★ "Good Job"
- ★ "Nice Try"
- ★ "Well Done"

Things NOT To Say

- ★ "Shoot It"
- ★ "Dribble It"
- ★ "Pass It"
- ★ "Referee"

At Home

Bonding

- ★ Play soccer with your child
- ★ Build their confidence
- ★ Inspire
- ★ Motivate
- ★ Relate

Parent Education

- ★ Laws of the Game
- ★ Coaches Plan
- Trust
- Believe
- Support
- ★ Understand Formations

